



2021 Summer Schedule

*Competitive Company Dance Ages - Tiny: 3-5, Mini: 6-9, Youth: 10-12, Junior: 13-15
Senior: 16 & up (age of dancer: Aug. 31, 2021)

Schedule Begins: June 1, 2021

Monday:

Studio A:

5:00 - 6:00 - Youth Technique II (age 10-12)
6:00 - 7:00 - Technique III (age 13 & up)
7:00 - 8:00 - Technique II (age 13 & up)

Studio B:

5:00 - 6:00 - Mini Technique (age 6-9)
6:00 - 7:00 - Ballet II (age 10-12)
7:00 - 8:00 - Ballet II (age 13 & up)
8:00 - 9:00 - Ballet I (age 13 & up)

Tuesday:

Studio A:

5:00 - 6:30 - *Junior Elite Company Prep
6:30 - 8:00 - *Senior Elite Company Prep

Studio B:

5:00 - 6:30 - *Mini Company Team
6:30 - 7:15 - Ballet (age 6-9)
7:15 - 8:00 - Jazz (age 12+)
8:00 - 9:00 - Tech I (age 13+)

Wednesday:

Studio A:

5:00 - 6:30 - *Youth Company Team
6:30 - 7:15 - Stretch/Flexibility
7:15 - 8:00 - Beg/Int Leaps Drills and Progressions
8:00 - 8:45 - Beg/Int Turns Drills and Progressions

Studio B:

5:00 - 5:45 - Jazz-Funk/Acro (age 3-5)
5:45 - 6:30 - Jazz-Funk/Acro (age 6-9)
6:30 - 7:15 - Lyrical/Contemporary (age 12+)
7:15 - 8:00 - Hip Hop (age 12+)

Thursday:

Studio A:

5:15 - 6:00 - Beg/Int Acro
6:00 - 7:30 - Junior/Senior Company Teams
7:30 - 8:30 - Strength and Conditioning

Studio B:

5:00 - 5:45 - Ballet (age 3-5)
5:45 - 6:45 - Youth Technique I
6:45 - 7:30 - Ballet I (age 10-12)
7:30 - 8:15 - Jazz/Hip Hop (age 10-12)

Friday:

Studio A:

5:00 - 5:45 - Tap (age 10 & up)
5:45 - 6:30 - Int/Adv Acro
6:30 - 7:15 - Adv Leaps Drills and Progressions
7:15 - 8:00 - Adv Turns Drills and Progression

Studio B:

5:00 - 5:45 - Tiny Company Team
5:45 - 7:15 - Mini/Youth Elite Company Prep (age 8-11)

Saturday:

Studio A:

10:00 - 11:00 - School Dance Team Enrichment - Kick & Conditioning
11:00 - 12:00 - School Dance Team Enrichment - Leaps & Turns

Sunday:

Studio A:

1:00 - 2:00 - Tumbling (Group A) - Adv (age 10+)
2:00 - 3:00 - Tumbling (Group B) - (age 5 - 10)
3:00 - 4:00 - Tumbling (Group C) - Beg/Int (age 10+)